Winter Newsletter from Premier Dental Associates

Free Fluoride Treatment

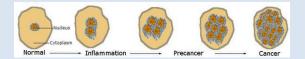
Just tell us you read the newsletter!

What is ViziLite T-Blue?

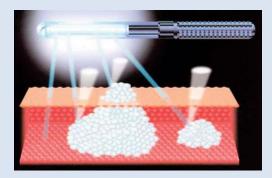
The ViziLite Plus is a painless oral cancer screening that is performed by your Dental Professional. ViziLite Plus uses a light source that helps to improve the examiner's ability to identify abnormalities that may have been otherwise missed under normal lighting.

How does it work?

When cells mutate from normal to becoming cancerous, they go through many changes. One change that occurs within the cell is replication of nuclear DNA at an accelerated rate. The DNA takes up a greater percentage of the total cell volume as shown in the illustration below.



The pre-rinse solution in ViziLite Plus slightly desiccates the cells to make the nuclear more prominent, and therefore, more visible. The low intensity light from the handheld light source is reflected off of these abnormal cells down to the basement membrane where the nuclei have been rendered more prominent, and appear to "glow"making abnormal cells easier to see.



Our Great Team!



It is important to have yourself checked if you are at risk for Oral Cancer.

Increased Risk:

Patients age 40 and older.

Any person, 18-39 years of age, combined with following: Tobacco use, chronic alcohol consumption, oral HPV infection.

Highest Risk:

Patients age 65 and older with the lifestyle risk factors listed above.

Patients with a history of oral cancer.

HOWEVER, ANYBODY CAN BE AT RISK! 25% OF ORAL CANCER OCCURS IN PEOPLE WHO DO NOT SMOKE AND WHO HAVE NO OTHER HIGH RISK FACTORS!

<u>WITH THAT IN MIND, SCHEDULE</u> <u>YOUR CANCER SCREENING</u> <u>TODAY!!!</u>

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DID YOU KNOW, THAT???

Fidgeting can burn about 350 calories a day.

It takes 20 minutes after smoking a cigarette for blood pressure to drop back to normal.

Cigarette smoke contains 4,800 chemicals, 69 of which cause cancer.

One or two alcoholic drinks a day can be antiinflammatory.

The levels of two stress hormones, cortisol and epinephrine, which suppress the body's immune system, will actually drop after a dose of laughter.



Food for thought:

Troubles are only mental; it is the mind that manufactures them, and the mind that can gorge them, banish them, and abolish them.

~ Mark Twain

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