# October Newsletter from Premier Dental Associates, Dr. Rita Kutsikovich

Free Velscope Cancer screening with your cleaning and check up (mention when making appointment)

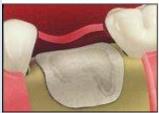
# BONE GRAFT AFTER EXTRACTIONS AND FUTURE IMPLANTS PLACEMENT

As we continue to bring you the best service possible, our doctors are constantly on the lookout for new and improved ways of treatments of any kind, at this time we want to talk about extractions and bone grafting.

Often, when we treatment plan for an implant after the tooth has already been extracted, patients state that at the time of extraction bone grafting was not offered or even mentioned to them. Why is the bone graft so important when we plan to place an implant?









Above pictures shows in stages: extraction, bone graft, membrane (a barrier to protect the bone in the socket) and suture. This is how proper extraction should be done. In

this case the patient will have a nice even bone ridge with sufficient amounts of bone for implant placement. Also, a solid bone graft prevents adjacent teeth from shifting inward, therefore, saving the proper bite.

This is how the implant should look like with sufficient amount of bone.



Unfortunately in most cases bone grafting is not offered or even mentioned before extractions are done. The research points out that the performing dentists are not thinking of patient's benefits, sometimes not competent enough to make the right decision. 99 times out of a 100 the replacement of the tooth to be extracted is not planned or options discussed.

# The main reasons for socket grafting (or socket preservation are:

- 1. Future bone loss and ridge resorption
- 2. Support of adjacent teeth and implants.

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## Food for thought:

A person who never made a mistake never tried anything new.

#### **Albert Einstein**

A mind that is stretched by a new experience can never go back to its old dimensions.

#### Oliver Wendell Holmes, Jr.

#### DID YOU KNOW, THAT!!!

- the most common disease is tooth decay
- women's hearts beat faster than men's
- the average person has 10,000 taste buds
- The average person will consume 100 tons of food and 45,424 liters (12,000 gallons) of water in their lifetime

WE ARE VERY EXCITED TO INTRODUCE
THE NEW ADDITION TO OUR GREAT TEAM.



MARIA IS A NEW DENTAL ASSISTANT. WE ARE VERY HAPPY TO LET OUR PATIENTS KNOW THAT MARIA IS BILINGUAL, AND NOW WE CAN OFFER SERVICES TO THE SPANISH-SPEAKING POPULATION. MARIA HAS BEEN DENTAL ASSISTANT FOR OVER 2 YEARS. SHE IS A PART TIME STUDENT AS WELL AND WANTS TO PURSUE CAREER AS A DENTIST. SHE HAS 2 CHILDREN, ENJOYS WALKS IN THE PARK, AND COOKING AND SPENDING TIME WITH HER FAMILY.

#### And some Fall Dental Humor



"If you don't let me file down those incisors, Mr. Dracula, you'll never stop biting your tongue."



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