March Newsletter from Premier Dental Associates, Dr. Rita Kutsikovich

Free Velscope Cancer screening with your cleaning and check up

What is Velscope?

The VELscope system helps dental professionals visualize abnormalities in the mucosal tissues of your lips, mouth and upper throat. In just five minutes, with no rinses, stains or discomfort, a VELscope examination lets healthcare professionals improve their assessment of your overall oral health.

How Does the VELscope Work?

The VELscope's blue light "excites" molecules (called "fluorophores") deep within the layers of oral mucosal tissues. In turn, those fluorophores emit their own light (fluorescence), in shades of green, yellow and red. The VELscope's proprietary filter makes fluorescence visualization possible, by blocking reflected blue light, and by enhancing the contrast between normal and abnormal tissue.

DID YOU KNOW, THAT!!!

It takes more muscles to frown than to smile!

An espresso has less caffeine than a cup of coffee A cup of drip brewed coffee has about 115 milligrams of caffeine, an espresso (and percolated coffee) about 80mg, while instant coffee has about 65mg of caffeine!

Food for thought:

"We've all heard that we have to learn from our mistakes, but I think it's more important to learn from successes. If you learn only from your mistakes, you are inclined to learn only errors."

Norman Vincent Peale



Check out our recent website updates <u>www.ritadds.com</u>

WE ARE VERY EXCITED TO INTRODUCE THE NEW ADDITIONS TO OUR GREAT TEAM.



Dr. Crystal Schneider, who is going to be practicing at our office on Wednesdays and Fridays. Dr. Schneider is a General Dentist who is devoted to the overall health of her patients and establishing lasting relationships. Dr. Schneider received her undergrad degree from NY University and her DMD degree from Case Western Reserve University, and she completed her residency at Audie L. Murphy VA Hospital in San Antonio.

While Dr. Schneider has a passion for dentistry, away from the office she enjoys travel, spending time with her husband and walking their dogs Kuma and Nali.



Our new Dental Assistant, Debra is experienced and knowledgeable Certified Dental Assistant with 16 years of experience. She is quite an asset to our team, her years of experience enables her to give our patients top notch treatment every visit. She enjoys working closely with patients to help transform their smiles into the smile they have been dreaming of, no matter how big or small change is.

Debra loves spending time with her husband and their three boys and yellow lab Bailey.

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And more dental humor!





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